

Day Hike Gear Check-List

From Campo del Oso

Essentials

- First Aid Kit
- Map
- Compass
- Emergency Clothings
- Emergency Food and Water
- Flashlight/Headlamp
- Rain Gear (Rain suit/Poncho)
- Matches
- Fire Starter
- Knife

Packing

- Day Pack
- Lash Cords or Straps
- _____
- _____

Kitchen

- Water Bottle/Canteen
- Snacks or Lunch
- Stove and Fuel (alcohol)
- Lighter
- Cook Pot
- Utensils
- Cup
- Coffee, tea, Coco
- _____

Toiletries

- Bio-Degradable Soap
- Toilet Paper
- Backpacker Shovel
- Handi-Wipes
- Large Ziplock bags

Miscellaneous

- Sunglasses
- Binoculars
- GPS
- Field Guides
- Bandana
- Sun Screen
- Whistle
- Bug Repellent
- Notebook and Pencil
- Camera
- Walking Stick/Treking Poles
- Spare Socks
- Hat
- _____
- _____
- _____
- _____
- _____
- _____

Notes: